



February 21, 2010 1st Sunday of Lent Parish of St. Michael

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THE LENTEN SEASON

(also known as "The Easter Penitential Period")

by Jean Klein, Director of Liturgy and Music.

Originating in the fourth century of the church, the season of Lent spans 40 weekdays beginning on **Ash Wednesday (Feb. 17 this year)** and concludes with the beginning of the Mass of the Lord's Supper on **Holy Thursday (April 1st)**. Originally, Lent was the time of preparation for those who were to be baptized, a time of concentrated study and prayer before their baptism at the Easter Vigil, the celebration of the Resurrection of the Lord early on Easter Sunday. But since these new members were to be received into a living community of Faith, the entire community was called to preparation. Also, this was the time when those who had been separated from the Church would prepare to rejoin the community.

These forty days of Lent recall the forty days Jesus spent in the wilderness preparing for His ministry by facing the temptations that could lead him to abandon his mission and calling. Christians today use this period of time for introspection, self-examination, and repentance.

Most Christian churches that observe Lent at all focus on it as a time of prayer, especially penance, repenting for failures and sin as a way to focus on the need for God's grace. It is really a preparation to celebrate God's marvelous redemption at Easter, and the resurrected life that we live, and hope for, as Christians.

FASTING is observed on Ash Wednesday and Good Friday by all Catholics who are 18 years of age but not yet 59 years of age. Those bound by this rule may take only one full meal. Two smaller meals are permitted as necessary to maintain strength according to one's needs, but eating solid foods between meals is not permitted. The early Christians saw fasting as a source of fervor in prayer. They also saw in fasting a way of preparing for the reception of the Spirit, a powerful weapon in the fight against evil spirits, an appropriate preparation for such religious actions as the reception of baptism and the Eucharist, and, finally, a way of being able to help the poor with money that would have otherwise been spent on food.

Church law teaches us that **ABSTINENCE FROM MEAT is observed on Ash Wednesday, Good Friday, and all Fridays of Lent by all Catholics 14 years of age and older.** Why meat? From the first century, the day of the cruci-

fixion has been traditionally observed as a day of abstaining from flesh meat ("black fast") to honor Christ who sacrificed his flesh on a Friday. I grew up eating tuna casserole or salmon patties on Fridays. But in today's world, it has become almost normal to eat salmon fillets, tuna steaks, crab cakes or even lobster. Is that a sacrifice? I don't think so. Maybe we should all reexamine what "sacrifice" is and perhaps forego fish as well. Maybe have rice or beans instead of fish on Fridays.

During Lent all **flowers and plants** are removed. Lent is about the reality that something is missing...the season calls each of us to seek out what is missing in our own journey to holiness.

The color used for Lent is **purple**, which symbolizes both the pain and suffering leading up to the crucifixion of Jesus as well as the suffering of humanity and the world under sin. But purple is also the color of royalty, and so anticipates through the suffering and death of Jesus the coming resurrection and hope of newness that will be celebrated in the Resurrection at Easter. The color **red** which represents the blood shed by Christ is used on Passion (Palm) Sunday and Good Friday.

There is no **Gloria** or **Alleluia** during Lent. It is at the Vigil where we celebrate that the Lord is risen; the Kingdom has come; our joy is complete; and, in concert with the angels and saints, we greet the risen Lord with shouts of "Alleluia!"

As in prior Lenten seasons, we will end Mass quietly, praying three Hail Mary's for peace: peace in our hearts, our families, and in our world.

May God be with you as you journey through these forty days of Lent.



Light of the World Retreat

Last Chance! Come experience the St. Michael **Light of the World Parish Retreat** beginning this Friday evening, February 26th. Join with other parishioners and learn what you can gain in just one weekend. Spend some time with the Lord and begin caring for yourself! This is a free weekend-meals will be provided! Call Anne or Deacon John (361-1600) to register today!

St. Michael Parish News

CATHOLIC FAMILY SHARING APPEAL—2010. This is our opportunity to enable the mission and ministry of the Church of Eastern South Dakota. Please take time to prayerfully consider your gift for this year and pray for the success. Our efforts will enable all members of our diocesan Church to join in glorifying our Lord Jesus Christ. You received a letter from Bishop Swain this past week. Please return your pledge cards to the Parish Office.

New Lighthouse Catholic Media Kiosk - Stop by the Lighthouse display after Mass and pick up inspirational CD's for a suggested donation of \$3 each. Each title has a Catholic topic like the Eucharist, Confession, Evangelization, Personal Spiritual Growth, Explains the Mass, Explains Why We Go to Mass, Inspiring Conversion Stories, Scripture Studies, Stories of People Who's Faith Has Really Been Tested and Kept the Faith. You'll be moved, inspired, informed and will grow. Lighthouse offers a journey in faith that is deep and builds strong roots! I challenge you to begin the journey with this Lent. You'll never regret it!

RICE BOWLS-In Luke's story of the temptations of Jesus we see how we can be tempted by wealth, power, and esteem just as He was. Lent calls us to focus on our faith life by living it in deeper ways. As we begin our journey with Catholic Relief Service Operation Rice Bowl, let us pray and sacrifice so that through our faith life we can make a difference in the lives of our brothers and sisters in need. Please pick up a Rice Bowl in the Commons.

What is the layout of St. Joseph's Cathedral? Like many churches, St. Joseph's has a cruciform style: from above, the layout of the cathedral resembles a cross, with the sanctuary (where the altar and ambo are) and nave (where the pews are) forming the vertical arm of the cross and the transepts (the areas to the left and right of the sanctuary) forming the horizontal arm.

Lenten Soup Suppers Every Tuesday

February 23 - March 30

Join us for 5:30 pm Mass and stay for delicious soup.

We begin serving about 6:00 pm.

Soups for Tuesday February 23rd are:

Chicken Noodle & Chili

R.C.I.A. welcomes ALL who want to learn more about our Catholic faith.

Sunday evenings at 7:15 in the Multi-Purpose Room (Entrance 'F')

This week: Rite of Election—No class

Next Week: What is Lent About?

(PIZZA NITE next week!! Pizza will be provided.)

No need to register—Just come!

KC'S FRIDAY FISH FRY

This Friday, February 26

Following Stations of the Cross @ 6 pm

At St. Katharine Drexel. Serving: Fried or baked fish, mashed potatoes, macaroni & cheese, coleslaw, grilled cheese & treats. \$5 Adults, \$4 Children, Family Max \$25.



VOLUNTEER TRAINING in the Church

New volunteers are needed for the ministries below. We'll work hard to accommodate your schedule. And we'll provide you with everything you need to serve well at the training session:

Tuesday, March 2nd

- ◆ 6:45 p.m. **Ushers**
- ◆ 7:30 p.m. **Lectors**
- ◆ 8:15 p.m. **Communion Ministers**

Training is required for new ministers and for those who have not served within the past year. Continuing ministers are invited for a refresher.

No need to register. Please, just come!

Next opportunity: Wednesday, June 2nd



In Sympathy: Please remember Dee Fonder, sister-in-law of Betty Roesch and mother of Sandy Grismer.

The **St. Michael Nursery** is available for use at all Mass times. **At the 9:30 and 11:00 Masses**, our trained and screened volunteers are ready to serve you and your young children ages infant to 3 years old. Nursery volunteers go through background checks and yearly safe environment training. **At the other Mass times** (4:00, 8:00 and 6:00), we ask you to remain with your child(ren) in the nursery. There is a speaker in the room so you can hear Mass while you are there. Also, the nursery and toys are regularly sanitized. Check it out!



Daily readings: February 22-28, 2010

Mon.	1 Peter 5:1-4; Matthew 16:13-19
Tues.	Isaiah 55:10-11; Matthew 6:7-15
Wed.	Jonah 3:1-10; Luke 11:29-32
Thur.	Esther C:12,14-16,23-25; Matthew 7:7-12
Fri.	Ezekiel 18:21-28; Matthew 5:20-26
Sat.	Deut. 26:16-19; Matthew 5:43-48
Sun.	Genesis 15:5-12,17-18; Phil 3:17-4:1; Luke 9:28b-36

Youth Happenin's CAFE

Café youth group event for the month of March will be held on **Thursday, March 4th** 6:30-8:00 at St. Michael. We will get an opportunity to meet with Deacon Harold before he speaks!

Mark your calendars now and plan on joining Deacon Harold Burke-Sivers at St. Michael on Thursday, March 4th at 6:58 pm. Deacon Harold is a nationally recognized speaker who speaks with enthusiasm and passion about his Catholic Faith.

Registration forms available on the youth bulletin board for the following events:

- Jr. High Discipleship Camp July 11-14**
- Sr. High Discipleship Camp July 15-18**
- Steubenville HS Youth Conference July 30-Aug. 1
- Jr. High and High School Totus Tuus Retreat

Aluminum cans wanted

The Little Parish Leaders request that you drop off your aluminum cans in the fenced area in the parking lot in support of their ministry. Please give us rinsed out cans only (no foil, garbage, etc). There is no need to crush them. Thank you.

STATIONS OF THE CROSS EVERY FRIDAY IN LENT @ 5:30 PM

COMMUNITY EVENTS

Rachel's Vineyard Retreat March 12-14 Healing the Trauma of Abortion. Call 988-3775 for more information.

KC Pancake Breakfast Sunday, Feb 28th 9-1 pm at Christ the King School Gym. Free will offering.

Grieving Loss of Child Six Tuesdays 6:30-8:30 pm March 2-April 6 by Dr. Marcie Moran. Call 988-3775 for info.

Holy Spirit Adult Ed-Fr. Shaun Haggerty will present "Examen Prayer: Becoming Aware of How God is Talking to You Throughout Your Day." March 2nd @ 7 pm.

Theology of the Body: Christopher West will present his Intro to Theology of the Body Seminar at Holy Spirit on Sat., April 24th 9-3:30 pm. Tickets are \$40/person or \$75/couple. Please call Kathy Davis at 371-2320 with any questions.

Marquette Council KC will sponsor a Pancake Breakfast on Sunday, Feb. 28th at Christ the King Symb from 9-1 pm.

Faith For Life Lent Seminar calling all men to live their faith with fire and passion on Saturday, March 6th at St. Michael MPR from 9-4 pm. Powerful speaker EWTN's Deacon Harold will show how the Catholic faith resonates deeply with the hearts of men and how they can respond to that call in their lives. Please call 988-3766 to register- \$20 includes lunch.

RELIGIOUS EDUCATION

R.E. CLASSES—There will be R.E. Classes at 5:30 PM and 7:00 PM on Wednesday, February 24th.

5th & 6th GRADE PRESENTATION—There will be no **EXTREME LOVE: A Journey to the Cross**, due to lack of volunteers!

1st COMMUNION PREPARATION BOOKLETS—If you have not received your 1st Communion preparation booklet contact Jackie at 361-1600 ext. 209 or jackie@stmichaelsfsd.org. Cost is \$15 per booklet.

RE TEACHERS There will be no teacher meeting on Wednesday, March 3rd. Teachers are encouraged to attend Deacon Harold Burke-Sivers on Thursday, March 4th.



To the Volunteers who planned and assisted at the Great Steak and Wine Date! Virjean and Chuck Fefjar for decorating, the Multi Purpose Room never looked so good! To Gary Krekelberg at Party Land, for the donation of lighted balloon pillars-your generosity is appreciated!

To Pat Seiemonsma and friends, the steaks (and chicken) were cooked to perfection!

To the Crab Grass Crew for providing the entertainment, you all are extremely good at having fun!

And to our guests, we hope you had fun, we hope you join us again next year and we hope you tell your friends to join us next year!

GETTING MARRIED AT ST. MICHAEL'S?

Jean Klein is now hosting a Wedding Planning Workshop on the first Tuesday of every month. Call the parish office to register for any of the monthly workshops. Our first workshop is Tuesday March 2nd, 6:30 p.m. in the Music Room (Entrance C).



To benefit Mission trip to Louisiana and youth retreats this summer!!

St. Michael Parish Dinner on Sunday, March 7th from 10:30-1 pm for Pork Loin dinner with salads and desserts galore! Tickets will be available in the parish office or after Mass. Tickets are Adults \$7, Children \$4, Family max \$30. (Door prices will be a \$1.00 more.) Signup in the Commons to bring a salad or dessert!

Liturgical Ministers for the Weekend of Feb. 27/28, 2010

WEEKDAY MASS SCHEDULE

Monday & Tuesday 5:30 pm
Wednesday – Saturday 8:15 am

WEEKEND MASS SCHEDULE

Saturday 4:00 pm
Sunday 8:00-9:30-11:00 am- 6:00 pm
Supervised Nursery at
9:30 & 11am Masses
Nursery open for all Masses

SACRAMENT OF RECONCILIATION

Monday & Tuesday 5:00 pm
Thursday 7:45 am
Saturday 3:00 – 3:45 pm

BAPTISMAL PREPARATION

First Thursday of month at 7:00 pm

MARRIAGE PREPARATION

Begin 6 months ahead by appointment

OFFICE HOURS

Weekdays – 8:00 am – 5:00 pm

ADORATION OF THE

BLESSED SACRAMENT

*Can you spend one hour with me in prayer? Call
361-1600 to sign up

Happenings

Monday, February 22

Bible Study 10:15 am
Confessions 5:00 pm
Mass 5:30 pm Dody Gustaf (d)

Tues., February 23

Parish Council 6:45 am
Confessions 5:00 pm
Mass 5:30 pm Chuck Erlandsen(d)
Soup Supper 6:00 pm
Book Study 6:30 pm

Wed., February 24

Mass 8:15 am Bill Werner (d)
RE Classes 5:30 & 7 pm
Good News 8 pm

Thurs., February 25

Confessions 7:45 am
Mass 8:15 am Harvey Williams (d)
Adult Choir 7:00 pm
Gym Leagues 7:00 pm

Friday, February 26

Mass 8:15 am Francis Gengler (d)
Stations of Cross 5:30 pm
Light of the World Retreat Begins

Sat., February 27

Mass 8:15 am Peggy Bruns
Confessions 3:00 pm
Mass 4:00 pm Marianne Biggins (d)

Sun., February 28

Mass 8:00 am For the People
Mass 9:30 am Geraldine Goodale (d)
Mass 11:00 am Rita Stukenholtz (d)
Mass 6:00 pm Carole Schneider
RCIA 7:15 pm

	Sat. 4:00 pm	Sun. 8:00 am	Sun. 9:30 am	Sun. 11:00 am	Sun. 6:00 pm
Altar Servers	St. Michael School St. Michael School	Sam Diedrich Teresa Schulte	Jordan Boone Hannah Loving	Jena Behrends Emily Wagner	Isaiah Lamb Joe Engeman
Book	St. Michael School	Kimberly Schulte	Justin Boone	Jeremy Behrends	Drew Stadem
Bus	Butch Warrington				
Lectors	St. Michael School St. Michael School	June BeVirt Kay Scharf	Tom Long Doris Berscheid	Wanda Heisel LaVonna Emanuel	Carol Tupper Rick Tupper
E.M.E.	Cup Bearer: <i>Carla Reding</i> Darlene Cogley Deb Hoy Angie Sullivan Tori Kaspar Paul Harris Sharon Cool —?— —?— —?—	Cup Bearer: <i>Mike Escher</i> Doreen Bonin Deacon John Devlin Merry Jo Escher Reva Krahn Kay Scharf Randy Hohn Mike Parsley Rich Mell Pat Cordell	Cup Bearer: <i>Miranda Arnold</i> Doris Berscheid Tom Long Steph Long Jordan Arnold Ron Schauer Jan Horner Paula Schauer	Cup Bearer: <i>Lisa Behrends</i> Mary Askew Jane McGuire Sonia Coleman Anne Steele Deb Stellingwerf Mary Wuebben Deacon John Devlin Dena Espenscheid Amy Meyer	Cup Bearer: <i>Kathy Engeman</i> Brenda Burton Meggie Jervik Dan Barrett Rich Tupper Shirlee Hanson Donna Schneider —?— Dan Schneider
Sacristan	Sharon Cool	Pat Cordell	Paula Schauer	Amy Meyer	Dan Schneider
E.M.E.		<u>Good Samaritan</u> Barbara Lethcoe	<u>Covington</u> Kris Kelley	<u>Sunnycrest</u> Kevin Hanson	
Gifts	St. Michael School	Randy Hohn	Colette Koller	Amy Meyer	Dick Weber
Greeters	St. Michael School St. Michael School	Alicia Nelson Doreen Bonin	Lisa Loving Jeannine Carlson	Lori Hofer Amy Giessinger	Brenda Burton Lyle Krejci
Receptionist	2:30 – 4:00 pm JaNalle Gowlovech	7:30 – 9:15 am Peg Nieber	9:30 – 11:00 am Helen Gustaf		
Rosary	Thelma Kock				
SFCS Cert.	Maureen Knudson Kelly McCann	Janey Diedrich Jennifer Ellis	Lisa Loving Karen Boone	Cindy Monnin Ron Wuebben	Kathy Junker Brenda Burton
Ushers	Lorraine Roemeling John Hammond Alan Wieskamp —?—	Dick Sexton Rich Dougherty J.R. Krahn Rich Jervik	<i>Frank Ahartz</i> Brad Erickson Daryl Wagner Tony Konshak	Keith Kelsey Ray Grismer Doug Emanuel Chuck Fejfar	—?— —?— —?—

ST. MICHAEL STAFF

GENERAL PARISH INFORMATION

FR. CHARLES CIMPL PASTOR
FR. KEVIN O'DELL
DEACON JOHN DEVLIN PERMANENT DEACON
SUSAN SCHAUNAMAN ADMIN. ASSISTANT
SYLVIA WENSING VOLUNTEER COORD
MARY ELLEN MELANSON RECEPTIONIST
PAT BERG SECRETARY
ANNE BURKARD PASTORAL MINISTER
JACKIE CONLEY DRE GRADES 1-6
RHONDA KELSEY DRE YOUTH DIRECTOR
JEAN KLEIN LITURGY & MUSIC
LINDA HARTMANN CARING MINISTRY
LISA HUEMOELLER SCHOOL PRINCIPAL
DENNIS ERNSTER CUSTODIAN
MARY BITTNER PASTORAL ASST.

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TRUST THE LORD!

Be brave and strong and trust the LORD!

Psalm 27:14